

HEDIS^{®1}: Controlling High Blood Pressure (CBP)

Description of the measure

Members 18-85 years old who had a diagnosis of hypertension (HTN) and whose blood pressure was adequately controlled (<140/90) during the measurement year.

Criteria

- 18-85 years old with hypertension
- Blood pressure <140/90 mm Hg

Exclusion(s)

- End-stage renal disease (ESRD).
- Historical kidney transplant.
- Pregnancy.
- Members with a non-acute inpatient admission during the measurement year
- Members 66-80 years old as of December 31 of measurement year with frailty and advanced illness. Medicare members at least 66 years old as of December 31 of the measurement year enrolled in I-SNP or with LTI flag. Members at least 81 years old as of December 31 of measurement year with frailty.

Tips for best practices

- If the blood pressure is high at the office visit, take a second reading. The lowest systolic and diastolic values taken the same day are acceptable for reporting.
- Have the patient return in three months if the blood pressure is uncontrolled.
- Address medication adherence at each visit.
- Consider referring patients to one of Magellan's disease management programs.
- Blood pressure readings reported or taken by the member using a digital device are acceptable.

Description	Coding
Systolic blood pressure	<ul style="list-style-type: none"> • 3074F (systolic <130) • 3075F (systolic 130-139) • 3077F (systolic ≥140)
Diastolic blood pressure	<ul style="list-style-type: none"> • 3078F (diastolic <80) • 3079F (diastolic 80-89) • 3080F (diastolic ≥90)

¹ HEDIS[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).